



## To Register...

See all upcoming workshops at [www.BirthBasics.org](http://www.BirthBasics.org) or

[www.ICEA.org](http://www.ICEA.org)

Contact Vonda at:

[Vonda@BirthBasics.org](mailto:Vonda@BirthBasics.org)

.....or.....

Mail completed form on this brochure to:

Birth Basics  
22910 Forest Road  
Rapid City, South Dakota 57702

### 2-Day Workshop Fee:

\$350

\$300 if registered 1 month before the workshop date

**Deposit:** A \$150 deposit is due with registration unless other arrangements are made.

**Balance:** to be paid 1st day of workshop

**Make checks payable to Birth Basics.**

*Birth Basics...*

*because you know the rest.*

## ABOUT YOUR EDUCATOR:

Vonda Gates has been an ICEA certified childbirth educator since 1991. She became a DONA certified doula in 1993 and served as a past DONA Georgia representative. As an organizing member of Prepared Childbirth of Tifton, she provided childbirth education and doula care to birthing families in southern Georgia.

Returning to her South Dakota roots in 2002, she continues to serve the educational needs of birthing families and provides an organizing body for local doulas and childbirth advocates.

Currently, Vonda serves as a national ICEA Approved Trainer (IAT) for both childbirth education and doula services and is the Chair for the ICEA PCBE Committee. She practices as a special needs pediatric registered nurse in the Black Hills area.

Vonda is happily married. She and her husband have three adult children and delight in being back home in the Black Hills.



Vonda Gates, RN, IAT-CE-D  
Birth Basics  
22910 Forest Road  
Rapid City, South Dakota 57702  
Phone: 605.209.7115  
Email: [Vonda@BirthBasics.org](mailto:Vonda@BirthBasics.org)



## A Two-Day Workshop

8am to 6 pm (both days)

## Professional Childbirth Educator Workshop

An International Childbirth Education Association (ICEA) Approved Workshop  
16 Nursing Contact Hours



Online Registration Information:

[www.BirthBasics.org](http://www.BirthBasics.org)



**This workshop**, when combined with the required readings and program prerequisites, will begin the journey of professional childbirth education for the birthing family. Attending the entire workshop will meet the contact hour requirements for the International Childbirth Education Association (ICEA) PCBE certification.

**For the experienced Childbirth Educator**, looking for CE's, this will provide the latest evidence-based research with new and exciting tools to reenergize your existing childbirth education class.

For more information about certifying as a professional childbirth educator with ICEA see their website at [www.icea.org](http://www.icea.org).



**Day 1 Topics:**

- Dynamics of Group Learning
- Evidence-Based Teaching
- Teaching Skills of the Childbirth Educator
- Healthy Lifestyles
- Labor Process
- Relaxation and Breathing
- Labor Support



**Day 2 Topics:**

- Finding Your Voice
- Cultural Awareness
- Labor Support (continued)
- Second Stage
- Curriculum Development
- Professional Development

**Workshop Fee includes:** Workshop attendance, materials, 18 contact hours for ICEA certification or 16 nursing CEs through Upper Valley Medical Center of Ohio.

**Registration Information and optional mail in form:**

**Professional Childbirth Educator Workshop**

**Workshop:** \_\_\_\_\_

**Date:** \_\_\_\_\_

*Name:* \_\_\_\_\_

*Professional Affiliation:*  
\_\_\_\_\_

*Address:*  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*Phone and/or email:*  
\_\_\_\_\_  
\_\_\_\_\_

Payment

\$350 (deduct \$50 if registered 1 month before)

(choose one of the following)

Entire payment attached

Deposit of \$150 enclosed.

Mail to:

Birth Basics  
22910 Forest Road  
Rapid City, SD 57702

Questions? (605) 209-7115

**New for Fall of 2010**

**Graceful Transitions:  
The Dance of Becoming Family**

An interactive one-day conference designed for nurses, educators, lactation consultants and doulas working with the birthing family in your facility.

See objectives at  
[www.birthbasics.org](http://www.birthbasics.org)

